

New generations

Children bring balance. When we are born, one of our “jobs” is to balance the imbalances of previous generations, to take things a step further, to the next level. Sometimes this can be by re-iterating the non-sustainable stuff to the point until it falls over, dies, self-destructs. It can also be done by combining new gifts, abilities & energies with existing ones that are life-supportive. Since about 20 years, we can observe an influx of children who are bringing amazing gifts to help balance the current focus on intellectual and physical realms. Instead of acknowledging and nurturing their gifts, most current educational and health systems in Western societies deny, dismiss or actively suppress them.

autism – focus on spirit & pure energy realms,

dyslexia – going beyond the written word,

hyperactivity – pointing out the effects of over-stimulating & non-natural environments,

depression – raising awareness of suppressed energies & gifts that aren’t seen or nurtured,

hypersensitivity – showing the effects of dis-connection on many levels, i.e. in relations, from natural environments, etc.

These are only some of the many labels given to young ones. Labeling mostly fails to understand and acknowledge the messages and gifts our children hold. Instead of listening and supporting them, we label them as “dysfunctional” and try to make them fit into current systems – thus blocking the path to balance and further life-supportive development by negating their input and contribution.

It is time now to become aware of this dilemma and to support our young ones. Again: These new seers, energy feelers, empaths, healers, etc. are here to help us bring back balance. They bring outstanding gifts in communication that surpasses our technological possibilities. They bring a heightened awareness of relationships and the interconnectedness of all life. They point out through behavioural “issues” where our systems aren’t in balance. And they do so much more.

I see a lot of adults being overwhelmed and feeling helpless in view of these children. They don’t know what to do and how to deal with them. And there is hardly any support for them. If you happen to be the parent of one or more of these children, please tune in, open up, look beyond the existing “mainstream” framework. It won’t fit, it won’t help your child. It can be not easy to be a pioneer. Pioneers have to find and pave a way, often in unknown and uneven terrain. And often there aren’t many others around to help.

Look for people in similar situations to connect. Speak to others – and you will be surprised how many share your questions and concerns. Collaborate with your children, find out what their gifts are, acknowledge them and hold a space for them to be nurtured. Keep distractions away as much as possible: processed, mass-produced food (= provide healthy, natural and non-processed nutrition as much as possible); technology (electronic devices, e-smog, artificial = entirely human-created environments seem to interfere with our natural balance and have an adverse effect on health and balance); artificial environments (keep

nature connection alive as much as possible); virtual relationships (provide direct contact with friends & family instead of social media relationships). It might not always be easy – but suppressing your children’s energies and not honouring their messages isn’t easy either ☺

And: There are more and more people around who are faced with these exciting opportunities to deeply transform and balance (human) life, to enter the next cycle. Together we can support our young ones and hold a space for them to share their gifts – for the benefit of all life.